



**CITY OF SOUTH PASADENA
SENIOR CITIZEN COMMISSION
AGENDA**

**South Pasadena Senior Citizens Center
1102 Oxley Street, South Pasadena, CA 91030
April 13, 2022 at 8:30 a.m.**

South Pasadena Senior Citizen Commission Statement of Civility

As your elected governing board, we will treat each other, members of the public, and city employees with patience, civility and courtesy as a model of the same behavior we wish to reflect in South Pasadena for the conduct of all city business and community participation. The decisions made tonight will be for the benefit of the South Pasadena community and not for personal gain.

NOTICE ON PUBLIC PARTICIPATION & ACCESSIBILITY

Pursuant to AB 361 Government Code section 54953, subdivision (e)(3), the City Council may conduct its meetings remotely and may be held via video conference. Pursuant to such Executive Order, the Senior Citizen Commission may participate remotely and not be physically present in the South Pasadena Senior Citizens Center. Until further notice and as such Executive Orders remain in effect, the Senior Citizen Commission may also allow public participation to continue via live public comment conducted over ZOOM.

The South Pasadena Senior Citizen Commission for April 13, 2022 will be conducted in-person from the Senior Citizen Center, located at 1102 Oxley Street, South Pasadena.

Please be advised that pursuant to government code, and to ensure the health and safety of the public, staff, and City Council, as the South Pasadena Senior Citizen Center will be open to the public for the meeting and members of the public may attend and/or participate in the in-person meeting, all are kindly reminded to follow Los Angeles County Public Health and CDC regulations and guidelines that are in place and may be posted. The In-person Hybrid meeting will be conducted live in the South Pasadena Senior Citizen Center.

The Meeting will be available

- In Person Hybrid – South Pasadena Senior Citizen Center, 1102 Oxley Street, South Pasadena

**Zoom Meeting Information
Meeting ID: 886 7605 4315
Passcode: 946521**

To maximize public safety while still maintaining transparency and public access, members of the public can observe the meeting via Zoom in one of the three methods below.

1. Go to the Zoom website, <https://zoom.us/join> and enter the Zoom Meeting information; or

2. Click on the following unique Zoom meeting link:
<https://us06web.zoom.us/j/88676054315?pwd=L2s5NGR0OFhkK1crOTIzR21BYmRxZz09>

or

3. You may listen to the meeting by calling: +1-669-900-6833 and entering the Zoom Meeting ID and Passcode when prompted.

For additional Zoom assistance with telephone audio, you may find your local number at:

<https://us06web.zoom.us/u/kCumxKfiT>

PUBLIC COMMENTS

The Senior Citizen Commission welcome public input. If you would like to comment on an agenda item, or make a general public comment, members of the public may submit public comments in writing for Senior Citizen Commission consideration by emailing comments or questions to msnyder@southpasadenaca.gov by 12:30 p.m. on Tuesday, April 12, 2022, to ensure adequate time to compile and post. Please provide: 1) your name, and 2) agenda item for the comments/questions. All comments/questions will be distributed to the Committee for consideration and will also be posted on the City's website prior to the meeting.

Pursuant to state law, the Senior Citizen Commission may not discuss or take action on issues not on the meeting agenda, except that members of the Senior Citizen Commission or staff may briefly respond to statements made or questions posed by persons exercising public testimony rights (Government Code Section 54954.2). Staff may be asked to follow up on such items.

CALL TO ORDER: Rachel Fox, Chair

ROLL CALL: Rachel Fox, Chair
 Ellen Diagle, Vice-Chair
 Barbara Klein
 Shireen Chang

COUNCIL LIAISONS: Michael Cacciotti, Mayor

STAFF PRESENT: Melissa Snyder, Community Services Supervisor
 Sheila Pautsch, Community Services Director
 Lucy Hakobian, Community Services Deputy Director

PUBLIC COMMENT AND SUGGESTIONS

1. Public Comment – General

PRESENTATION

2. Senior Center Updates

3. Dial A Ride Updates**COMMUNICATIONS****4. City Council Liaison Communications****5. Commissioner Communications****6. Staff Liaison Communications****ACTION/DISCUSSION****7. Approval of the March 16, 2022 Meeting Minutes**Recommendation

It is recommended that the Commission review and approve the March 16, 2022 Meeting Minutes.

8. Approve the 2021 Annual ReportRecommendation

It is recommended that the Commission approve the 2021 Annual Report.

ADJOURNMENT**FUTURE SENIOR CITIZEN COMMISSION MEETINGS**

May 11, 2022	Senior Citizen Center	8:30 a.m.
June 8, 2022	Senior Citizen Center	8:30 a.m.
July 13, 2022	Senior Citizen Center	8:30 a.m.

PUBLIC ACCESS TO AGENDA DOCUMENTS

The complete agenda packet may be viewed on the City's website at:

<https://www.southpasadenaca.gov/government/boards-commissions>

Meeting recordings will be available for public viewing after the meeting. Recordings will be uploaded to the City's YouTube Channel no later than the next business day after the meeting.

The City's YouTube Channel may be accessed at:

https://www.youtube.com/channel/UCnR169ohzi1AJewD_6sfwDA/featured

ACCOMMODATIONS



The City of South Pasadena wishes to make all of its public meetings accessible to the public. If special assistance is needed to participate in this meeting, please contact the City Clerk's Division via e-mail at CityClerk@southpasadenaca.gov or by calling (626) 403-7230. Upon request, this agenda will be made available in appropriate alternative formats to persons with disabilities. Notification at least 48 hours prior to the meeting will assist staff in assuring that reasonable arrangements can be made to provide accessibility to the meeting (28 CFR 35.102-35.104 ADA Title II).

I declare under penalty of perjury that I posted this notice of agenda on the bulletin board in the courtyard of City Hall at 1414 Mission Street, South Pasadena, CA 91030, and on the City's website as required by law.

DocuSigned by:



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4/8/2022

Date

Melissa Snyder, Community Services Supervisor

March 16, 2022



Wednesday, March 16, 2022
Minutes of the Senior Citizen Commission

CALL TO ORDER

The Senior Citizen Commission meeting was called to order by Chair Rachel Fox on Wednesday, March 16, 2022, at 8:34 a.m. The meeting was held in a hybrid setting, with Commissioners and Council Liaison attending via Zoom and in-person.

ROLL CALL

Present: Rachel Fox, Chair
Barbara Klein
Shireen Chang

Council Liaison

Present: Michael Cacciotti, Mayor

City Staff

Present: Sheila Pautsch, Community Services Director
Lucy Hakobian, Community Services Deputy Director
Melissa Snyder, Community Services Supervisor

Absent: Ellen Daigle, Vice Chair

INTRODUCTION

1. Community Services Director Pautsch gave an introduction to Lucy Hakobian, Community Services Deputy Director overseeing the Recreation and Youth, Senior Services, and Transit Divisions. She provided a brief background on Lucy's previous work with the City. She described her extensive work history in both the Senior Services Division and Youth and Recreation Division.

PUBLIC COMMENTS AND SUGGESTIONS

2. No public comments.

PRESENTATION

March 16, 2022

3. Senior Center Updates

Community Services Supervisor Snyder presented the updates regarding programming at the Senior Center. She extended an invite to Commissioners to attend the St. Patrick's Day Coffee and Treats. Additionally, she provided an update on specific classes and programs that would be returning after the closure.

4. Dial A Ride Updates

Community Services Supervisor Snyder presented the updates for the Dial A Ride program stating 275 total trips for the month of February and four new members. She provided a comparison of February in 2021 to February 2022 stating there has been an increase in ridership.

COMMUNICATIONS**5. City Council Liaison Communications**

Mayor Cacciotti gave a brief update on the mobile health crisis van and site visit of the Goldline.

6. Commissioner Communications

Commissioner Klein discussed the challenges seniors are faced with the raising in cost of living. Chair Fox encouraged Commissioners and staff to follow the Senior Citizens' Foundation of South Pasadena's social media and campaigns. Commissioner Klein also expressed gratitude with Tech Day offered at the Senior Center and Community Services Supervisor Snyder updated the Commission on the next scheduled Tech Day. Commissioner Chang offered support for the recommendations offered by the Commission Study Session. Commissioner Klein requested an update from the previous City Council meeting. Community Services Director Pautsch provided an update on redistricting, Black Lives Matter mural, and public comments.

7. Staff Liaison Communications

Community Services Supervisor Pautsch reported on the Commission Study Session noting that the City is looking to combine Animal, Parks and Recreation, Senior Citizens, and Youth Commission to create one Commission. Community Services Supervisor Pautsch reported that no decisions have been made, but staff will report back to Commissioners. Community Services Supervisor Snyder provided an update on staffing including the departure of Recreation Leader Thomas Hood and bringing on a new Recreation Leader.

ACTION/DISCUSSION**8. Approval of the February 9, 2022 Meeting Minutes**

Motioned by Commissioner Klein, seconded by Commissioner Chang, motion carries to approve the February 9, 2022.

9. Nomination of Appointments to Dementia Friendly South Pasadena Subcommittee

Chair Fox accepted volunteers to serve on the Dementia Friendly South Pasadena Subcommittee and Commissioner Chang volunteered. Motioned by Chair Fox, seconded by

March 16, 2022

Commissioner Klein, motion carries to nominate Commissioner Chang to the Dementia Friendly South Pasadena Subcommittee.

10. Review and Approve the 2022 Senior Citizen Commission Work Plan

Community Services Supervisor Snyder presented on the 2022 Work Plan expressing a need for Commissioners to select what objectives they would like to serve on. Chair Fox led the discussion, Commissioner Chang and Vice Chair Daigle were assigned to Community Outreach, Chair Fox and Vice Chair Daigle were assigned to Policies and Procedures, and Chair Fox and Commissioner Klein were assigned for Health and Wellness Fair/Community Workshops. Motioned by Commissioner Chang, seconded by Commissioner Klein, motioned carries to approve the 2022 Senior Citizen Commission Work Plan.

11. Review and Provide Feedback to the 2021 Annual Report

Community Services Supervisor Snyder presented on the 2021 Annual Report. Chair Fox recommended adding social reassurance calls, the number of Senior Center memberships, the number of lunches served, and the number of Dial A Ride offered in 2021.

ADJOURNMENT

The Commission Meeting was adjourned at 9:06 a.m.

Respectfully Submitted:

Approved By:

Melissa Snyder
Community Services Supervisor

Rachel Fox
Chair

ANNUAL REPORT 2021

SENIOR CITIZENS COMMISSION

City of South Pasadena



A Message from the Commission Chair

With the Senior Center still operating under Covid restrictions for most of 2021, it was a different kind of year for our Commission. We remained on Zoom for the most part, but rest assured we were at the ready, working as hard as we were able, to stay in touch with local seniors and liaison with Senior Center staff. In an effort to support seniors, Commissioners continued to make social reassurance calls, offering as much information as we could about the Center and its programs, as well as offering assistance with grocery shopping and pharmacy pick-ups. We also worked with local youth groups and schools organizations to create cards and care packages for seniors so that they felt honored and celebrated during a variety of holidays.

Although the Commissioners were sad to see longtime Senior Center Manager, Liliana Torres leave (she retired after 33 years of service to South Pasadena), we were excited to welcome our new Community Services Supervisor, Melissa. Melissa jumped right in and worked diligently to keep us abreast of all the happenings at the Center. Together, we supported the Center through various programs such as Dial-A-Ride, newsletters, Activity Guides, Grab N' Go Meals, Metro TAP card loading, drive thru holiday celebrations as well as providing Covid-19 Vaccine information.

As the year ended, we were able to host a hybrid meeting or two and it was wonderful to see one another (safely) in person. 2022 looks to be a promising year for the Center and us Commissioners. We recently approved our 2022 work plan and remain optimistic about the year that lies ahead. It is our main wish to continue to support and enrich our senior community.

Sincerely,

Rachel Fox
Senior Commission, Chair

SENIOR CITIZENS COMMISSION

Act in advisory capacity to the city council in all matters pertaining to senior citizens and to cooperate with governmental agencies and civic groups in the advancement of senior citizen planning and programming.

PURPOSE STATEMENT

The Senior Citizen Commission supports the South Pasadena Senior Center in the following ways: Sharing information with local service groups and faith community; educates the families and caregivers on aging related matters; evaluates programs and services offered and comes up with ways to increase awareness, as well as participation.

Senior Citizen Commission

Rachel Fox,	Commission Chair
Ellen Daigle,	Commission Vice-Chair
Barbara Klein,	Commissioner
Shireen Chang,	Commissioner
VACANT	Commissioner

Michael Cacciotti, Mayor	City Council Liaison
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Melissa Snyder, Community Services Supervisor	Staff Liaison
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Senior Citizen Commission meetings are held every second Wednesday of the month at 8:30 am.
Meetings are held at: South Pasadena Senior Center, 1102 Oxley Street, South Pasadena.

COVID-19 Pandemic Emergency Response #1

The COVID-19 pandemic continued to create challenges and obstacles for the South Pasadena Senior Center in 2021.

The Community Services Department continued to ensure the needs of the most vulnerable populations were met. The Nutrition Program continued to provide healthy and nutritious meals to adults ages 55 and over throughout Los Angeles County. In September, the Senior Center reinstated the Grab N' Go Program allowing seniors in Los Angeles County to come pick-up meals directly from the Senior Center. In 2021, 14,060 meals were served through the Home Delivery and Grab N' Go Program. Additionally, staff worked with faith-based organizations and non-profits to deliver groceries, medication, and other essential items to seniors. City of South Pasadena staff were able to secure additional funds which allow the Senior Center to offer free lunches from July through September.

Dial-A-Ride continued to utilize its resources to assist with the demand of the senior population. Staff helped to deliver frozen bulk meals to seniors as well as transporting seniors to medical appointments, pharmacies and other essential businesses for a total of 3,702 rides.

In July of 2021, the South Pasadena Senior Center reopened to the public. Community Services Department staff began to bring back modified in-person activities to the Senior Center at that time. After the 18-month closure due to COVID-19, on-going groups such as bridge and other games, language classes, and book discussion groups returned to the Senior Center. Essential fitness classes moved outdoors to accommodate seniors' needs. Staff reached out to previous Senior Center members to encourage them to return after the closure. Membership increased with a total of 359 active members during 2021. Staff worked to provide modified special events such as a Halloween Party and movie in place of the normal luncheon, numerous senior social hours, and holiday coffee and treat days. Additionally, the Senior Center hosted a COVID-19 booster clinic to ensure seniors had access to receiving their boosters.

Commissioners continued to work closely with staff to help seniors with the emotional toll of surviving the pandemic. Commissioners kept staff abreast on the needs of the seniors and assisted staff with helping seniors get the support needed to endure the pandemic. This included completing social reassurance calls to South Pasadena senior residents.

Lastly, the Senior Center was able to host its first Christmas and Holiday Luncheon since suspending in-person congregate meals. The Senior Citizens Commission recommended to the City Council to require proof of vaccination to add an additional layer of protection for of all those in attendance.

Bringing Cheer During the Pandemic #2

In addition to ensuring seniors' basic needs were met during the pandemic, staff made significant strides in meeting the emotional well-being of seniors as well.

In an effort to spread cheer and keep the seniors connected to the community, the Holiday Cheer Program was reinstated. Staff and Commissioners worked together to solicit donations of gift cards and sweet treats.

Staff prepared monthly newsletters to ensure the seniors remained connected with the community and keep comprised of developments pertaining to the pandemic. The newsletters contained information about resources available to assist them with essential needs, such as grocery shopping. To address their mental well-being, staff also included hotline numbers for emotionally distressed seniors.

The Library staff donated handmade cards from local youth that were distributed with senior meals. The handmade cards had warm wishes and funny jokes that brightened their days.

Snuggle a Senior Program was introduced in order to find another way to reach out to vulnerable homebound seniors. Staff and Commissioners worked together

to collect donations of new blankets and cards or letters to be distributed the South Pasadena seniors. Dial-A-Ride staff delivered bags that included a blanket, card or letter, and additional information regarding senior services. The program helped serve as an additional outreach opportunity for the Senior Center.